

Educational Psychology Service



What is the Educational Psychology Service?

The Educational Psychology Service is part of Bright Futures Educational Trust and helps children and young people who are having difficulties in school/ college. The Educational Psychologists that are linked with AGGS are George Thomas and Adam Rumble. In order to receive help, you need to refer yourself to the Educational Psychology Service (i.e. self-referral).

Why might I self-refer to the Educational Psychology Service?

Reasons why you might self-refer to the Educational Psychology Service include:

- Difficulties with learning;
- Difficulties communicating with people in social situations;
- Mental health difficulties (e.g., feeling down/ worried);
- Emotional wellbeing difficulties (e.g., feeling stressed/ overwhelmed);
- Finding it hard to cope with the demands of day-to-day life.

What does the Educational Psychology Service offer?

The Educational Psychology Service offers young people:

- Consultation (i.e., talking about difficulties and finding solutions);
- Assessment (i.e., finding out more about the difficulties you're having);
- Intervention (i.e., putting solutions in place to support your difficulties).

The self-referral process

You can download the self-referral form from the 'Downloads' section under the 'sixth form' tab on the school website. Please complete the self-referral form electronically and use your school email account to send the form as an attachment to sixthformreferrals@aggs.bfet.uk. Your form will then go to Mrs Galvin and Mrs Ogunmyiwa.

What happens after I self-refer?

Depending on your needs and the availability of the Educational Psychology Service, your self-referral form will be forwarded to George or Adam and they will contact you (e.g., via telephone or e-mail) to arrange an initial meeting.

Confidentiality

Everything you discuss with an Educational Psychologist is confidential unless you or someone else is at risk of harm. The only information which has to be shared with school is your name and the dates/ times that you will see the Educational Psychologist; this is for room booking/ attendance/ safeguarding purposes only.