

# AGGS PE NEWSLETTER



## Spring Term April Edition 2022

**Welcome** to our PE and Sport newsletter. It is fantastic to be able to spread the word about all of the wonderful things that are going on at AGGS and the students who take part in sport outside of school.

We are also pleased to introduce to you our brand new Sports Hall and our new sports ambassadors who are all extremely excited to get everybody involved at AGGS!

Happy Reading!!

**Miss Stevenson**



Year 7/8 Students reached  
the Cross Country National  
Finals in Cornwall!!



Check out our PE Website for  
the latest clubs, fixtures and PE  
information  
[www.aggsport.com](http://www.aggsport.com)

# Meet Sporting Success

## Year 7 Hockey and Netball

After a few challenging years trying to organise sporting events and games throughout a global pandemic, it has been fantastic this year to be able to get in so many amazing opportunities for the students at AGGS.

Back in September 2021, a taster session took place for Hockey and Netball Year 7 and an astounding 90 students showed for both! This commitment has been carried out throughout the whole year with numbers remaining extremely high for both lunchtime and after school clubs.

This commitment and dedication have been carried through the school with numbers remaining high for other year groups in these sports. This dedication has allowed for many sporting successes in both Hockey and Netball for all year groups at AGGS. Below we will highlight some of the great achievements and results we have had so far.

Our year 7 teams have had regular fixtures against local schools across the year and gradually these teams have bonded, improved and delivered some great results. On the 26<sup>th</sup> of February 2022, Year 7A and year 7B played Bury Grammar away winning 22-6 (A Team) and 15-5 (B team).

On the 1st of March 2022, the year 7B team attended the Trafford Secondary School Tournament and after winning all the games in their group and winning the semifinal against Wellington they went on to win in the final against Loreto 4-3. What an amazing achievement for the Year 7B team!

Our C/D teams had a game against Loreto in February and demonstrated some great netball. They worked extremely well together, and we all had a great afternoon.

Congratulations to our year 7A team who this week won the Trafford School Tournament!



It has been great to see so many of the year 7's participate in hockey this year, with over 60 students participating in after school activities at AGGS. Throughout the season year 7 have shown immense enthusiasm to learn about the sport and have worked hard to develop each performance in preparation for game days. To highlight year 7's achievement, the A team went to win the 5&6<sup>th</sup> place plate finals in the Jean Torrance Tournament in early March, with the B team narrowly missing out on the 5&6<sup>th</sup> place plate by 1 goal in the playoffs.

On the 12<sup>th</sup> of March, year 7A played Stockport Grammar at Home. Everyone went in and gave it their all, finishing the game off with a 5-1 win to AGGS. A solid performance by each student on the team. Goals from Tia and Betty, and a special mention to Louisa who scored a hat-trick in the game!

# Meet Sporting Success

## Year 8 and 9 Hockey and Netball

Our Year 8 Netball Team has continuously been improving over the year and have been attending training sessions and the lunchtime club that the sports teachers have very kindly put together. Their improvement has been seen in all of their match play and tournaments. Our year 8 A team has won the Trafford Tournament and got through to the semifinals of the county tournament. They have also done extremely well in their weekly matches (played at weekend) winning all, if not almost all of their matches. Our year 8 B team have also done extremely well, winning their Trafford Tournament. All teams have improved on skill, teamwork and gameplay over the past year. We would like to thank our PE teachers for all their hard work and dedication that has been put into netball teams.



Our year 8 hockey team has had regular fixtures throughout the year, both on a Saturday morning and mid-week. We have improved our skills, gameplay and team spirit over the season. On February 3rd we played in the national schools u13 tournament and made it to the semifinals. In the middle of the season, we drew to Wellington and recently on the 16th match we beat them 4-0 which is a great improvement for our team. As a hockey team we would like to thank our PE teachers who have trained and supported us throughout the season.



For the year 9 A team, there has been an incredible amount of improvement. They have consistently won all their matches (11 out of 11) against, Bradford Grammar, Stockport Grammar, Manchester High, Lymm High, Loreto Grammar, Surbiton High, Bolton Girls, Bury Grammar, Alderley Edge Girls and Sedburgh School. They finished on a high against Kings Macclesfield School, winning 21-0 in the first quarter and winning 58-4 overall! This was their highest score all year.

For the year 9 B team, there have been 6 games this year. They had a strong start with beating Bradford Grammar 41 – 6. This was their best score all year. Also, they have recently played in the Trafford Schools tournament, coming a very close second!

Our year 9 hockey team have done nothing but our best this year. We have come together from several local clubs and with many of us also playing County hockey, we have all improved throughout the season. Over the season, we have won most of our games and have improved massively and shown that we are a team to watch. Our best wins have been against Withington, Stockport Grammar and King's, Chester. And we had a great morning at Bradford Girls' Grammar as we had a try at indoor hockey. We played in the National Schools' event at Timperley Hockey Club, coming runner up and narrowly missing the next round. We will come back fighting and stronger than ever next season!



# Meet Sporting Success

## Year 10 and 11 Hockey and Netball

This year has been very successful for the netball teams, with the year 10 players having participated in both regular fixtures and tournaments against local schools. These teams have bonded, improved and delivered some great results, with numerous wins across the season. For the A-team, stand out wins include matches against Bury Grammar, Bradford, Lymm and Manchester High School for Girls.

Our Y10 hockey team has regular fixtures and has won all their matches except one. The year 10 A team won the Trafford school tournament at the start of the year and recently came 2nd in a friendly tournament against over 6 schools. In addition, on the 16th of September the Y10 made an impressive improvement winning against AKS for the first time ever! Finally, over 5 of the Y10 hockey team participated in the U16s National schools' event with the Y11A although they were knocked out in the 3rd round the Y10 team hope to try again for the title this coming September during their own National school's tournament.



This year has been a very successful year for the Year 11 Hockey Team. The year 11s have delivered some fantastic matches with numerous wins. Throughout this year in both fixtures and training, our team has significantly improved. Our year 11 team has had regular fixtures against local schools across the year and this has bonded, improved, and delivered some great results.

As players, we have all united and persevered together and this is evident by the enthusiasm and resilience contributed by the whole team. Our biggest success was competing in the U16 Hockey National School Competition, with the impressive win against The King's School being one of many great results.

What a memorable final year for our hockey team!!!



The year 11s have had some good matches this year, including a close match with Bolton Grammar school on the 20th of November, resulting in a score of 12-13. Also, two great matches with Bury, with our score increasing each time, proving that as we trained together as a team there was an improvement in our trust and unity. Our biggest success was winning our Trafford Schools Tournament, with all players contributing lots to matches and training all throughout the season. A great final year of netball!

# Meet Sporting Success

## Cross Country

### Trafford Schools Cross Country

AGGS provided a strong team of Cross-Country runners in the Trafford Schools competition on the 20<sup>th</sup> January. Each team managed to provide some exceptional performances which led to some excellent finishes for the teams overall.

#### Y7 Girls Team Finished 5<sup>th</sup> Overall



#### Y8/9 Girls Team Finished 1<sup>st</sup> Overall

Top 10 finishers:

Izzy = 1<sup>st</sup>

Coco = 4<sup>th</sup>

Francesca = 5<sup>th</sup>

Susanna = 8<sup>th</sup>

Rose = 9<sup>th</sup>



#### Y10/11 Girls Team Finished 2<sup>nd</sup> Overall

Top 10 finishers

Eleanor = 3<sup>rd</sup>

Keira = 4<sup>th</sup>

Bea = 7<sup>th</sup>



#### Y12/13 Girls Team Finished 1<sup>st</sup> Overall

Top 10 finishers

3<sup>rd</sup> = Charlotte

4<sup>th</sup> = Olivia

5<sup>th</sup> = Kirsten

6<sup>th</sup> = Katie



### Second Round Success

Those that finished in the top ten spots were invited to represent Trafford in the Greater Manchester Schools Cross Country finals.

In the Y7 race Sienna had an amazing run and finished in 1<sup>st</sup> place. In the Y8/9 race Izzy finished 3<sup>rd</sup>, Susanna 22<sup>nd</sup>, Coco 23<sup>rd</sup> and Rose 37<sup>th</sup>.

Eleanor finished 10<sup>th</sup> in the Y10/11 race and Olivia competed in the Y12/13 race.

Congratulations to Izzy who was chosen to represent Greater Manchester in the English Schools Championships in Kent on 19/03/22. Izzy did a fantastic job placing 107<sup>th</sup> out of over 350 runners.

**Well done, Izzy!**

## Meet Sporting Success Swimming And Dance



### Swimming

In December, we took 4 Year 8 students to compete in the Trafford School Games Swimming Gala hosted by St Ambrose. A massive congratulations go to Isabelle, Peiqi, Rose and Wendy who came first in the whole competition! It was lovely to see all of you support one another, as well as other friends in opposing teams throughout the day. You all made an enormous effort to share the school values of selflessness, unity and co-operation throughout the event, which we are all proud of seeing as staff.

In February, Year 9 participated in the Trafford School Games Swimming Gala. This was a great competition for the students to get involved in, especially with so many who participate in swimming outside of school. Due to demand of students getting to request to participate, we took 8 students, making two teams for AGGS. Well done to Alice, Bella, Emma, Emma, Hareem, Sophie and Sophie putting you all into the competition. Team 1 came 2<sup>nd</sup> in the competition, which is an amazing achievement!



### Dance Production

On March 1st 2022, many students participated in the AGGS Dance Production and performed some brilliant pieces, each year group showing their commitment and passion for dance. Through working together for this performance, many of the students and year groups have bonded and shared their innovation, creating a long-lasting beautiful memory of their time dancing together at the production.

# Meet Sporting Success

## External Sporting Success

### Lucy (Yr 10)

Lucy is an amazing acrobatic gymnast who recently came third competing in the Northwest prelims. She is constantly training and preparing for the next big competition.

**Well done Lucy!!**



### Monica (Yr 7)

Monica is an amazing badminton player who has recently played in a national tournament coming second in the u18 doubles. Her most recent triumph was coming first in the u15s tournament and second in the U18 doubles.

**Amazing work Monica!!**



### Kaori (Yr 7)

Kaori is an amazing rhythmic gymnast who has been competing with the Britain for over 4 years and has 22 medals, recently she has won the British group championships, which is an amazing honor.

**Well done Kaori and good luck at your upcoming competition!!**



### Carmen (Yr 8)

Carmen is currently playing for Manchester United Football Club and England Performance. She trains 4x a week and plays at weekends. Carmen is currently preparing for a Tournament where she will play City, Tottenham, West Ham and Southampton.

**What an achievement, good luck in your tournament!!**

### Susanna – Year 8

At the start of the year, Susanna was one of the 8 top tennis players her age in the country invited by the LTA to compete in the National Age Group competition. She came 1st in the country for her age group (u13s). She plans to compete on the European junior tour over the summer holidays. **Well Done Susanna and good luck!**



# Interform Results

## Year 7 and 8

### Year 7 Interform

On the 22<sup>nd</sup> Of March 2022, our Year 7s took place in the competition for Netball and Hockey. Luckily it was a sunny day and we had over 120 students involved, which is fantastic. The netball took place first in the morning, with great performances being shown from all form groups. The winner of the Netball B team tournament was 7.2, and the winner of the A team tournament was 7.3 (POM Hannah). Hockey took place in the afternoon, with 7.7 being the victorious winners for the A team, and 7.6 winning for the B team side. Thank you to all year 7 participants and our year 9 Helpers (Isabella, Bethan, Lara, Poppy, Bella, Katie, Grace, Imogen, Sophie, Lilia, Grace)!



### Year 8 Interform

The following day, Year 8 interform commenced and all the teams were excited, prepared and ready to go. Blessed with the weather again, Netball and Hockey were both great successes. In Netball, 8.7 shone taking the win for both the A Team and the B team. It was extremely close for second place between 8.5 and 3<sup>rd</sup> place winners 8.3, both showed some great netball. In Hockey, the result for the A teams went down to goal difference with 8.5 taking the win over 8.1 (2<sup>nd</sup> Place). 8.7 had a great day as they also won the B team tournament! Well done to all year 8 participants and a special thanks to our year 10 helpers (Tvisha, Regina, Libby, Abigail, Helena, Maisie, Anna, Issi, Zabrina, Chloe, Kiera, Lucy).



# Interform Results Year 9 and 10

## Year 9 interform

The morning saw the year 9 teams take on netball interform, all teams were up for it and ready to participate. The morning went well with great performances from all. Congratulations to 9.1 for winning, who were closely followed by 9.6 and congratulations to 9.5B for winning out of the B teams. In the afternoon, year 9s took on the Hockey and again showed some fantastic skills and teamwork. Congratulations to 9.4 for coming 1st place, and 9.1 for coming 2nd. Thank you to all participants for an enjoyable day!



## Year 10 interform

Year 10 Hockey interform took place first with all form teams participating in a great morning. After some great games it was 10.6 who took the lead and won the competition, with 10.2 following closely behind, well done 10.6. In the afternoon, it was the turn of the Netball. With over 90 students involved it was great to see the talent of our year 10s. Congratulations to 10.5 for winning and congratulations to 10.6 B team for winning out of the B teams. Thank you to everybody who participated, it was a wonderful day!!



# New Sports Hall Building!

In late October, the new sports hall and classrooms were completed. It lies on the school's existing sixth-form site at the Devisdale and includes a 1,400 sqm multi-purpose sports hall, changing rooms and the reconfiguration of existing tennis/netball courts. On the first floor, new classrooms have been built, relocating the RS Department to spacious classrooms overlooking the 6<sup>th</sup> Form Centre and devistale sports pitches. With the delivery the new building, the PE Department have been able to offer a wider sporting curriculum to the pupils, allowing them to participate in in demand clubs such as badminton and basketball.

The design of the new facilities was presented by architects at Bower Sadler Architecture whom the school has worked in collaboration with on previous projects to deliver a sympathetic yet contemporary design in the devistale conservation area.

As students, we are very happy to welcome the addition of the new sports hall – it has already made an immense difference in how we conduct sports at AGGS!



# Meet the Sports Ambassadors

## Year 8 Sports Ambassadors

Isabel, Coco, Basma

As year 8 sports ambassadors we would like to inspire people to enjoy and have passion for PE. We believe that sport is important because it is something to focus on and also a good fun way to spend time with friends. It is also good for our mental and physical health, it's another way to express ourselves.



## Year 9 Sports Ambassadors

Isabella, Bethan, Poppy, Grace

As sports ambassadors, we want to help showcase the amazing achievements of our sports teams at AGGS. We all love organising sports events such as interform so that everyone can get involved and help to represent their class. Playing sport is a great way to learn new skills such as being a team player, perseverance, as well as the many physical benefits. We really want to encourage everyone to get involved and take advantage of our fabulous sports facilities at school - sports can be for everyone.

## Year 10 Sports Ambassadors

Issi, Lucy, Ella, Anna

As Year 10 sports ambassadors we would like to encourage more people to play sport at school, we would like to promote more students stepping outside of their comfort zone and joining our many school sports - courtesy of our new sports facilities e.g., basketball, lacrosse, football and many more outside the normal hockey and netball. We believe that sport is important because it allows and escape from the academic pressures of school, our outside hockey and netball courts allow students to take a break and have fun in the fresh. This is vital for maintaining a healthy school to have fun balance.



# Meet the Sports Ambassadors

## Year 11 Sports Ambassadors

Tara, Abirami, Poourvika



As year 11 sports ambassadors, we would like to promote more students to engage in sports in school. Our school has an extensive variety of sports, due to our incredible new sports hall and our excellent pitch, and so we would like to encourage more people to play in the sports offered. We particularly enjoy helping others to participate in sports because we believe that sports are extremely important in our lives as it improves our health, strength, and emotional balance. Moreover, it allows one to connect with people who have the same interests and become a team, learning many skills such as teamwork and sportsmanship. In addition, we also believe it also allows students to simply have fun and have a balance in life, which is necessary for having a positive attitude and good well-being.

## 6<sup>th</sup> Form Sports Ambassadors

Imogen, Kirsten, Ayla, Olivia and Alice

As 6<sup>th</sup> form sports ambassadors our role is to assist the lower school sports ambassadors with their projects and to promote both sport and general well-being at AGGS. We have all found sport to be an invaluable way for us to relax and deal with any stress in our lives and so we hope to promote exercise as a healthy way of coping for everyone.

**A huge thank you to all sports ambassadors for helping collect information for and put together the sports newsletter!**

