

Altrincham Grammar School for Girls

Relationships Education, Relationships and Sex Education and Health Education Curriculum Mapping (2022-2023)

Points to Note

- Students **can only be** withdrawn from Sex Education. It is now **a statutory requirement** for all UK schools to teach students Relationships and Health Education.
- The following prescribed content, as listed in the Department for Education Statutory Relationships Education, Relationships and Sex Education and Health Education Guidance, will be wholly taught by the AGGS science department: **‘the science relating to blood, organ and stem cell donation’**.
- Basic first aid will be taught by an external and regulated organisation in Year 9, Year 10 or 11 (tbc) – this is part of Health Education and is mandatory for all students.
- The curriculum will be supported by visiting speakers and organisations. Moreover, topics are also delivered through other subjects studied by your child, notably: PE, science, computing, citizenship, food and nutrition, religious studies and the whole-school ethos and pastoral programme e.g. assemblies and form time.
- Only the prescribed content as listed in the Department for Education Statutory Relationships Education, Relationships and Sex Education and Health Education Guidance is listed within this document. PSHE is taught in combination with citizenship, therefore where there are empty spaces, this denotes students being taught content from the citizenship national curriculum or material in PSHE outside the prescribed content.

	Year 11	
Relationships Education	<p><u>Term 1</u></p> <p>Intimate & Sexual Relationships <i>This topic will explore the characteristics of healthy, safe and consensual sexual relationships and the consequences of these relationships for themselves.</i></p> <p>Being Safe: Domestic Abuse <i>This topic will explore the signs/features of a domestically abusive relationship and how some behaviours within a relationship maybe criminal.</i></p> <p><i>Students will be signposted to support for victims of domestic violence e.g. the work of TDAS.</i></p>	
Sex Education	<p><u>Term 1</u></p> <p>Intimate & Sexual Relationships <i>Students will consider reasons for and against engaging in sexual relations and how sex should be a decision free from pressure and the importance of delaying sex until both partners are ready.</i></p> <p><i>Students will be signposted to information to help/advise them about their sexual relationships e.g. NHS, Brook.</i></p> <p><i>Sexual relationships will encompass a range of different sexual identities e.g. heterosexual, gay, bisexual, asexual, pansexual etc.</i></p> <p>Online and Media: The Impact of Viewing Harmful Content and the Effect of Sexually Explicit Material (Pornography) <i>This topic will explore the impact of viewing explicit material online and how viewing this material may impact how students see themselves and relate to one another.</i></p> <p>Sexual Health <i>This topic will equip students with knowledge about how to ensure they remain sexually healthy and practice safe sex when they choose to engage in sexual relationships. For example, contraception (the range of methods), STIs (range of STIs, identification & treatment).</i></p>	<p><u>Term 2</u></p> <p>Fertility & Pregnancy <i>This topic will explore the issue of fertility and choices in relation to pregnancy e.g. miscarriage, keeping the baby and starting a family, adoption, abortion. It will signpost students to further information e.g. NHS, Brook.</i></p>
Health Education	<p><u>Term 1</u></p> <p>Health and Prevention: Keeping Physically and Mentally Well <i>This topic will explore how to cope with stress in relation to examinations and support available for mental and physical health outside AGGS, this will prepare students for leaving AGGS.</i></p>	<p><u>Term 2</u></p> <p>Health and Prevention: Cancer <i>This topic will explore breast and gynaecological cancers. It will provide an overview of signs and symptoms. Highlight the importance of regular self-breast examination and cervical screening (when invited). Signpost students to further information e.g. NHS, Coppafeel, Cancer Research, Jo Trust, Teenager Cancer Trust etc.</i></p> <p>Drugs, Alcohol, Tobacco</p> <p><i>This topic will explore the impact of the use of Cannabis.</i></p> <p><i>This topic will explore the dangers of prescription drugs if used in contradiction to medical advice. Additionally, students will explore the debate surrounding the legalisation of cannabis in the UK and wider world.</i></p>